CHILD GROWTH STANDARDS TABLE [1, 4]
Length/Height (cm) for Age, for Boys [2, 3]

<u>INSTRUCTIONS FOR USE</u>

Upon computation of correct age in months, look for the point where the child's age in months intersects with the actual length/height of the child. Depending on which column the child's length/height falls, classify the child as stunted, severely stunted, normal, or tall.

Age (months)	Length (cm) Severely Stunted < -3SD	Length (cm) Stunted From -3SD	Length (cm) Stunted To < -2SD	Length (cm) Normal From -2SD	Length (cm) Normal To +2SD	Length (cm) Tall > +2SD	Age (months)	Length (cm) Severely Stunted < -3SD	Length (cm) Stunted From -3SD	Length (cm) Stunted To < -2SD	Length (cm) Normal From -2SD	Length (cm) Normal To +2SD	Length (cm) Tall > +2SD
0	44.1	44.2	46.0	46.1	53.7	53.8	12	68.5	68.6	70.9	71.0	80.5	80.6
1	48.8	48.9	50.7	50.8	58.6	58.7	13	69.5	69.6	72.0	72.1	81.8	81.9
2	52.3	52.4	54.3	54.4	62.4	62.5	14	70.5	70.6	73.0	73.1	83.0	83.1
3	55.2	55.3	57.2	57.3	65.5	65.6	15	71.5	71.6	74.0	74.1	84.2	84.3
4	57.5	57.6	59.6	59.7	68.0	68.1	16	72.4	72.5	74.9	75.0	85.4	85.5
5	59.5	59.6	61.6	61.7	70.1	70.2	17	73.2	73.3	75.9	76.0	86.5	86.6
6	61.1	61.2	63.2	63.3	71.9	72.0	18	74.1	74.2	76.8	76.9	87.7	87.8
7	62.6	62.7	64.7	64.8	73.5	73.6	19	74.9	75.0	77.6	77.7	88.8	88.9
8	63.9	64.0	66.1	66.2	75.0	75.1	20	75.7	75.8	78.5	78.6	89.8	89.9
9	65.1	65.2	67.4	67.5	76.5	76.6	21	76.4	76.5	79.3	79.4	90.9	91.0
10	66.3	66.4	68.6	68.7	77.9	78.0	22	77.1	77.2	80.1	80.2	91.9	92.0
11	67.5	67.6	69.8	69.9	79.2	79.3	23	77.9	78.0	80.9	81.0	92.9	93.0

Age (months)	Height (cm) Severely Stunted < -3SD	Height (cm) Stunted From -3SD	Height (cm) Stunted To < -2SD	Height (cm) Normal From -2SD	Height (cm) Normal To +2SD	Height (cm) Tall > +2SD	Age (months)	Height (cm) Severely Stunted < -3SD	Height (cm) Stunted From -3SD	Height (cm) Stunted To < -2SD	Height (cm) Normal From -2SD	Height (cm) Normal To +2SD	Height (cm) Tall > +2SD
24	77.9	78.0	80.9	81.0	93.2	93.3	48	90.6	90.7	94.8	94.9	111.7	111.8
25	78.5	78.6	81.6	81.7	94.2	94.3	49	91.1	91.2	95.3	95.4	112.4	112.5
26	79.2	79.3	82.4	82.5	95.2	95.3	50	91.5	91.6	95.8	95.9	113.0	113.1
27	79.8	79.9	83.0	83.1	96.1	96.2	51	92.0	92.1	96.3	96.4	113.6	113.7
28	80.4	80.5	83.7	83.8	97.0	97.1	52	92.4	92.5	96.8	96.9	114.2	114.3
29	81.0	81.1	84.4	84.5	97.9	98.0	53	92.9	93.0	97.3	97.4	114.9	115.0
30	81.6	81.7	85.0	85.1	98.7	98.8	54	93.3	93.4	97.7	97.8	115.5	115.6
31	82.2	82.3	85.6	85.7	99.6	99.7	55	93.8	93.9	98.2	98.3	116.1	116.2
32	82.7	82.8	86.3	86.4	100.4	100.5	56	94.2	94.3	98.7	98.8	116.7	116.8
33	83.3	83.4	86.8	86.9	101.2	101.3	57	94.6	94.7	99.2	99.3	117.4	117.5
34	83.8	83.9	87.4	87.5	102.0	102.1	58	95.1	95.2	99.6	99.7	118.0	118.1
35	84.3	84.4	88.0	88.1	102.7	102.8	59	95.5	95.6	100.1	100.2	118.6	118.7
36	84.9	85.0	88.6	88.7	103.5	103.6	60	96.0	96.1	100.6	100.7	119.2	119.3
37	85.4	85.5	89.1	89.2	104.2	104.3	61	96.4	96.5	101.0	101.1	119.4	119.5
38	85.9	86.0	89.7	89.8	105.0	105.1	62	96.8	96.9	101.5	101.6	120.0	120.1
39	86.4	86.5	90.2	90.3	105.7	105.8	63	97.3	97.4	101.9	102.0	120.6	120.7
40	86.9	87.0	90.8	90.9	106.4	106.5	64	97.7	97.8	102.4	102.5	121.2	121.3
41	87.4	87.5	91.3	91.4	107.1	107.2	65	98.1	98.2	102.9	103.0	121.8	121.9
42	87.9	88.0	91.8	91.9	107.8	107.9	66	98.6	98.7	103.3	103.4	122.4	122.5
43	88.3	88.4	92.3	92.4	108.5	108.6	67	99.0	99.1	103.8	103.9	123.0	123.1
44	88.8	88.9	92.9	93.0	109.1	109.2	68	99.4	99.5	104.2	104.3	123.6	123.7
45	89.3	89.4	93.4	93.5	109.8	109.9	69	99.8	99.9	104.7	104.8	124.1	124.2
46	89.7	89.8	93.9	94.0	110.4	110.5	70	100.3	100.4	105.1	105.2	124.7	124.8
47	90.2	90.3	94.3	94.4	111.1	111.2	71	100.7	100.8	105.6	105.7	125.2	125.3

1/ WHO Child Growth Standards (WHO-CGS) 2004 and WHO Reference Data, 2006

2/ To compute for the age in months, compute the child's age to the nearest month as of his last birth date. For example, a child born on 01 October 2004 and measured on 21 August 2007 is 2 years, 10 months and 20 days. Disregarding the number of days, the child is 34 months old (2 years mulitplied by 12, plus 10 months equals 34 months).

3/ If a child is 0-23 months old, measure the child's length lying down (recumbent). If the child is 24-71 months old, measure the child's standing height. If a child who is 0-23 months old will not lie down for measurement of length, the standing height may be measured. Just add 0.7 cm. to convert to length then proceed in classifying the child as instructed above. Reversely, a child 24-71 months old who will not stand up may be measured lying down. Just deduct 0.7 cm. from the reading to convert to height and then, proceed with the classification.

4/ This table is also downloadable at url:www.nnc.gov.ph

CHILD GROWTH STANDARDS TABLE [1, 4]

Length/Height (cm) for Age, for Girls [2, 3]

INSTRUCTIONS FOR USE

Upon computation of correct age in months, look for the point where the child's age in months intersects with the actual length/height of the child. Depending on which column the child's length/height falls, classify the child as stunted, severely stunted, normal, or tall.

Age (months)	Length (cm) Severely Stunted < -3SD	Stunted From -3SD	Stunted To < -2SD	Normal From -2SD	Normal To +2SD	Tall > +2SD
0	43.5	43.6	45.3	45.4	52.9	53.0
1	47.7	47.8	49.7	49.8	57.6	57.7
2	50.9	51.0	52.9	53.0	61.1	61.2
3	53.4	53.5	55.5	55.6	64.0	64.1
4	55.5	55.6	57.7	57.8	66.4	66.5
5	57.3	57.4	59.5	59.6	68.5	68.6
6	58.8	58.9	61.1	61.2	70.3	70.4
7	60.2	60.3	62.6	62.7	71.9	72.0
8	61.6	61.7	63.9	64.0	73.5	73.6
9	62.8	62.9	65.2	65.3	75.0	75.1
10	64.0	64.1	66.4	66.5	76.4	76.5
11	65.1	65.2	67.6	67.7	77.8	77.9

Age (months)	Length (cm) Severely Stunted < -3SD	Stunted From -3SD	Stunted To < -2SD	Normal From -2SD	Normal To +2SD	Tall > +2SD
12	66.2	66.3	68.8	68.9	79.2	79.3
13	67.2	67.3	69.9	70.0	80.5	80.6
14	68.2	68.3	70.9	71.0	81.7	81.8
15	69.2	69.3	71.9	72.0	83.0	83.1
16	70.1	70.2	72.9	73.0	84.2	84.3
17	71.0	71.1	73.9	74.0	85.4	85.5
18	71.9	72.0	74.8	74.9	86.5	86.6
19	72.7	72.8	75.7	75.8	87.6	87.7
20	73.6	73.7	76.6	76.7	88.7	88.8
21	74.4	74.5	77.4	77.5	89.8	89.9
22	75.1	75.2	78.3	78.4	90.8	90.9
23	75.9	76.0	79.1	79.2	91.9	92.0

Age (months)	Height (cm) Severely Stunted < -3SD	Stunted From -3SD	Stunted To < -2SD	Normal From -2SD	Normal To +2SD	Tall > +2SD
24	75.9	76.0	79.2	79.3	92.2	92.3
25	76.7	76.8	79.9	80.0	93.1	93.2
26	77.4	77.5	80.7	80.8	94.1	94.2
27	78.0	78.1	81.4	81.5	95.0	95.1
28	78.7	78.8	82.1	82.2	96.0	96.1
29	79.4	79.5	82.8	82.9	96.9	97.0
30	80.0	80.1	83.5	83.6	97.7	97.8
31	80.6	80.7	84.2	84.3	98.6	98.7
32	81.2	81.3	84.8	84.9	99.4	99.5
33	81.8	81.9	85.5	85.6	100.3	100.4
34	82.4	82.5	86.1	86.2	101.1	101.2
35	83.0	83.1	86.7	86.8	101.9	102.0
36	83.5	83.6	87.3	87.4	102.7	102.8
37	84.1	84.2	87.9	88.0	103.4	103.5
38	84.6	84.7	88.5	88.6	104.2	104.3
39	85.2	85.3	89.1	89.2	105.0	105.1
40	85.7	85.8	89.7	89.8	105.7	105.8
41	86.2	86.3	90.3	90.4	106.4	106.5
42	86.7	86.8	90.8	90.9	107.2	107.3
43	87.3	87.4	91.4	91.5	107.9	108.0
44	87.8	87.9	91.9	92.0	108.6	108.7
45	88.3	88.4	92.4	92.5	109.3	109.4
46	88.8	88.9	93.0	93.1	110.0	110.1
47	89.2	89.3	93.5	93.6	110.7	110.8

Age (months)	Height (cm) Severely Stunted < -3SD	Stunted From -3SD	Stunted To < -2SD	Normal From -2SD	Normal To +2SD	Tall > +2SD
48	89.7	89.8	94.0	94.1	111.3	111.4
49	90.2	90.3	94.5	94.6	112.0	112.1
50	90.6	90.7	95.0	95.1	112.7	112.8
51	91.1	91.2	95.5	95.6	113.3	113.4
52	91.6	91.7	96.0	96.1	114.0	114.1
53	92.0	92.1	96.5	96.6	114.6	114.7
54	92.5	92.6	97.0	97.1	115.2	115.3
55	92.9	93.0	97.5	97.6	115.9	116.0
56	93.3	93.4	98.0	98.1	116.5	116.6
57	93.8	93.9	98.4	98.5	117.1	117.2
58	94.2	94.3	98.9	99.0	117.7	117.8
59	94.6	94.7	99.4	99.5	118.3	118.4
60	95.1	95.2	99.8	99.9	118.9	119.0
61	95.2	95.3	100.0	100.1	119.1	119.2
62	95.6	95.7	100.4	100.5	119.7	119.8
63	96.0	96.1	100.9	101.0	120.3	120.4
64	96.4	96.5	101.3	101.4	120.9	121.0
65	96.9	97.0	101.8	101.9	121.5	121.6
66	97.3	97.4	102.2	102.3	122.0	122.1
67	97.7	97.8	102.6	102.7	122.6	122.7
68	98.1	98.2	103.1	103.2	123.2	123.3
69	98.5	98.6	103.5	103.6	123.7	123.8
70	98.9	99.0	103.9	104.0	124.3	124.4
71	99.3	99.4	104.4	104.5	124.8	124.9

1/ WHO Child Growth Standards (WHO-CGS) 2004 and WHO Reference Data, 2006

2/ To compute for the age in months, compute the child's age to the nearest month as of her last birth date. For example, a child born on 01 October 2004 and measured on 21 August 2007 is 2 years, 10 months and 20 days. Disregarding the number of days, the child is 34 months old (2 years mulitplied by 12, plus 10 months equals 34 months).

3/ If a child is 0-23 months old, measure the child's length lying down (recumbent). If the child is 24-71 months old, measure the child's standing height. If a child who is 0-23 months old will not lie down for measurement of length, the standing height may be measured. Just add 0.7 cm. to convert to length then proceed in classifying the child as instructed above. Reversely, a child 24-71 months old who will not stand up may be measured lying down. Just deduct 0.7 cm. from the reading to convert to height and then, proceed with the classification.

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